

2007 North Carolina Swimming  
14 Under Age Group Championship  
Time Standards

|               | <b>10&amp;Under Girls</b> |                    | <b>10&amp;Under Boys</b> |               |
|---------------|---------------------------|--------------------|--------------------------|---------------|
| <b>Meters</b> | <b>Yards</b>              |                    | <b>Yards</b>             | <b>Meters</b> |
| 36.49         | 31.09                     | <b>50FR</b>        | 31.89                    | 36.29         |
| 1:21.89       | 1:12.29*                  | <b>100FR</b>       | 1:10.79                  | 1:20.59       |
| 2:58.69*      | 2:36.39                   | <b>200FR</b>       | 2:31.89                  | 2:52.39       |
| 43.69         | 38.19                     | <b>50BK</b>        | 38.39*                   | 44.29         |
| 1:35.29       | 1:22.19                   | <b>100BK</b>       | 1:21.69                  | 1:33.69       |
| 48.29         | 41.99                     | <b>50BR</b>        | 42.49                    | 48.59         |
| 1:47.09*      | 1:33.39                   | <b>100BR</b>       | 1:32.69*                 | 1:45.99       |
| 42.09         | 37.29                     | <b>50FLY</b>       | 36.69                    | 40.99         |
| 1:38.69       | 1:26.69                   | <b>100FLY</b>      | 1:25.69                  | 1:37.19       |
| ----          | 1:22.79                   | <b>100IM</b>       | 1:21.49                  | ----          |
| 3:20.59       | 2:55.99                   | <b>200IM</b>       | 2:55.29                  | 3:18.89       |
|               |                           |                    |                          |               |
|               | <b>11-12 Girls</b>        |                    | <b>11-12 Boys</b>        |               |
| <b>Meters</b> | <b>Yards</b>              |                    | <b>Yards</b>             | <b>Meters</b> |
| 32.39         | 28.39                     | <b>50FR</b>        | 28.59*                   | 32.79         |
| 1:10.59       | 1:02.09                   | <b>100FR</b>       | 1:02.49*                 | 1:10.99       |
| 2:32.89       | 2:14.79                   | <b>200FR</b>       | 2:16.29                  | 2:34.69       |
| 5:25.59       | 6:01.09                   | <b>500/400FR</b>   | 6:04.29                  | 5:28.39       |
| 38.19         | 33.39                     | <b>50BK</b>        | 33.69*                   | 38.79         |
| 1:21.39       | 1:12.19                   | <b>100BK</b>       | 1:12.29*                 | 1:23.59       |
| 42.09*        | 37.89                     | <b>50BR</b>        | 37.59                    | 43.09*        |
| 1:33.79       | 1:22.19                   | <b>100BR</b>       | 1:21.09                  | 1:33.59*      |
| 35.99         | 31.99                     | <b>50FLY</b>       | 32.39                    | 36.59*        |
| 1:22.49       | 1:12.99                   | <b>100FLY</b>      | 1:12.19*                 | 1:22.09*      |
| ----          | 1:11.69                   | <b>100IM</b>       | 1:12.19*                 | ----          |
| 2:51.89       | 2:31.89                   | <b>200IM</b>       | 2:34.39*                 | 2:55.19       |
|               |                           |                    |                          |               |
|               | <b>13-14 Girls</b>        |                    | <b>13-14 Boys</b>        |               |
| <b>Meters</b> | <b>Yards</b>              |                    | <b>Yards</b>             | <b>Meters</b> |
| 30.79         | 26.99                     | <b>50FR</b>        | 25.59*                   | 29.49         |
| 1:06.79       | 58.69                     | <b>100FR</b>       | 55.69*                   | 1:04.89       |
| 2:23.09*      | 2:06.59*                  | <b>200FR</b>       | 2:00.59*                 | 2:18.79       |
| 5:03.49       | 5:38.29                   | <b>500/400FR</b>   | 5:25.39*                 | 4:53.09*      |
| 10:33.99*     | 11:51.19*                 | <b>1000/800FR</b>  | 11:28.09*                | 10:19.29      |
| 20:37.59*     | 20:09.89*                 | <b>1650/1500FR</b> | 19:29.49*                | 20:14.39      |
| 1:17.89       | 1:07.59                   | <b>100BK</b>       | 1:04.89*                 | 1:15.09*      |
| 2:44.59       | 2:23.89*                  | <b>200BK</b>       | 2:19.49*                 | 2:41.59*      |
| 1:28.19*      | 1:17.39*                  | <b>100BR</b>       | 1:12.29                  | 1:23.59       |
| 3:08.59*      | 2:45.29*                  | <b>200BR</b>       | 2:36.29                  | 3:02.39       |
| 1:15.69       | 1:06.69                   | <b>100FLY</b>      | 1:03.39*                 | 1:11.99*      |
| 2:49.39       | 2:28.59                   | <b>200FLY</b>      | 2:20.79*                 | 2:39.89*      |
| 2:45.19       | 2:24.89*                  | <b>200IM</b>       | 2:18.09*                 | 2:37.89*      |
| 5:45.39       | 5:05.39                   | <b>400IM</b>       | 4:54.49*                 | 5:37.19*      |