

The Marlin Cup

Coming this fall to a Short ~~Course~~ Track near you.

What is the Marlin Cup?

- A point system setup similar to NASCAR Nextel Cup.
- Each swimmer will be awarded points during the Short Course Season.

When does it start?

- With the first indoors practice day in September and ending March 31.

How do I accumulate points?

Swimmers will be awarded points in the following categories.

1. **Practice Laps** (Practice Attendance) = Percentage of attendance. Example if you attend 50% of the “required” time then 50 points.
2. **Race Starts** (Meet Attendance) = 5 pts each meet.
3. **Lead a Lap** (Heat Wins) = 1 pt
4. **Race Winner** (Event Wins) = 2 pts
5. **Track Record** (Personal Best Improve Times) = time in seconds multiplied by current practice points accumulated. Example: practice attendance 75%, 3 second improvement on best time $75 \times 3 = 225$ points.
6. Power Rank: Will not be part of the “Cup Points”. This is a calculated number based on head to head results for the same event within your age group.

Bonus Points

1. Achieve or advance in motivation time standards (B or BB) = **2,4,6,8,10 & 12** points accordingly.
2. Special event attendance **10** points: Team outings, Christmas Swim Camp, swim-a-thon etc...

Other possibilities to look at but will not be counted for now.

- Team Dress at meets. (Suits and swim caps) It would be great if we all looked like a team.
- Spirit Award

Point Information.

- High points will come from practice attendance; meet attendance, personal best times and motivation standard improvements (B, BB etc)
- Aging up. All points will be carried over.
- Everyone will start with last year’s personal best short course times. New swimmers will start with the first meet of the season.

Awards and ideas that are being considered.

1. “Dash for the Cup” Top 5 male, female point leaders will qualify for the dash with 2 meets to go to decide the champions. Points will be set to zero after the February meet and these swimmers will battle it out in the lanes during the last two March meets.
2. Overall High Point Champion: Highest Points Male & Female will be presented a “Cup Trophy” and certificate. The Cup Trophies will be passed down each year and remain on display at the pool. (Names engraved each year)

awards continue

3. Individual Awards Top 3 in each age group Male & Female. (Trophy, medallion, pendant or gift certificates)
4. All participants will get a generic trophy or medallion.
5. Rookie of the year award for first time male/female competitors.
6. Spirit Award?

Why?

During our last few end of season banquets, numerous swimmers have asked about the “Swimmer of the Meet” we used to have. That, and the quest to acknowledge our swimmers achievements have prompted a replacement that will be fun and hopefully fair. It’s placing all the work and motivation on the swimmer. I’m sure there may be some glitches to work out as the season progresses and is quite a bit of information to keep up with on every swimmer. Ideas and changes may be forthcoming. If this is enjoyable and successful, we may consider it for the long course next summer.

So Swimmers.....Start Your Engines!

Best finishes,
Phillip Key
Swim Lenoir

