

Fall Practice Schedule 2008

	M	T	W	Th	F	Sat.
A M	Senior/Gold 6:00-7:00am.	Senior/Gold 6:00-7:00am.	Senior/Gold 6:00-7:00am.		Senior/Gold 6:00-7:00am.	Senior/Gold-7:00-8:30 Silver 2-8:00-8:45 White 2-8:45-9:30 Swim School -9:00 Tryouts-9:30
P M	Senior/Gold 4-6 Silver 1-4:00-5:00 White 1-5:00-6:00 Silver 2/White 2-6:00-7:00	Senior/Gold 4-6 Silver 1-4:00-5:00 White 1-5:00-6:00 Blue 6:00-7:00	Senior/Gold 4-6	Senior/Gold 4-6 Silver 1-4:00-5:00 White 1-5:00-6:00 Silver 2/White 2-6:00-7:00	Junior Group-4:00-5:00 Blue- 5:00-6:00	

Schedule runs from August 25th to November 1st. The Silver and White groups were divided due to increased number of swimmers.

No practice on Friday and Saturday- August 29th & 30th and Monday September 1st.

I will be traveling to Louisiana on a mission trip Saturday, September 13 thru Saturday, September 20th. We will be on a completely different practice schedule this week. Practice time will most likely be reduced and your swimmer will have different coaches for this week. More info to follow.

Thanks for allowing me to do mission work!!